

**Dr. Helle K. Falkenberg MC(optom), MNOF**



Helle K. Falkenberg is an associate professor at the Institute of Optometry and Vision Science, University College of Southeast Norway, with particular interest in visual perception, the effect of vision and light on healthy ageing, vision rehabilitation and knowledge translation. She teaches and supervises both undergraduate and post-graduate students, and is the program director of the multidisciplinary Master's in Vision Rehabilitation.

Falkenberg is a member of the National Center for Optics, Vision and Eye Care, where she does research on interdisciplinary cooperation and knowledge translation regarding normal age-related vision changes and lighting, vision problems after strokes, and vision rehabilitation. She has presented at several international conferences.

Falkenberg trained and practised as an optometrist in both Norway and the UK. After her PhD at Glasgow Caledonian University, she did a post-doctorate in vision rehabilitation at UCL, London. She has worked in Norway since 2007.

Helle K. Falkenberg is the president elect for the Norwegian association of optometrists and a member of the UK College of optometrists. She has been an advisor on several projects regarding vision in older adults, readability of digital interfaces and universal design.

Presentation title:

**Quality of Light – Quality of Life.**



FUTURE OF HEALTHY  
LIGHT & LIGHTING  
IN DAILY LIFE  
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